

Salusmed Vitality - Personalized Micro Nutrients

The Swiss age management concept for top performance and enhancement of vital energy. An individual program tailored exactly to the needs of your body. Salusmed Switzerland focuses on **Vitality - Anti-Aging - Detoxification - General Health**. The evaluation looks at oxidative stress, inflammation, cardiovascular risk, metabolism, hormone profiles and other anti-aging parameters.

The results of blood/urine tests (34 different analyses) enable us to calculate a recipe for a granulated, personalized, individual micro nutrients mixture (up to 46 different vitamins, minerals, trace elements, amino acids, bioflavonoids and other substances). They are in granulated form and to be taken orally. Every recipe is unique. It is personal. It's just like a fingerprint.

Laboratory Tests

Radical Metabolism:

- Anti-oxidative Capacity
- Glutathione Peroxidase
- Superoxide Dismutase
- Glutathione
- 8-iso-PGF2 alpha

Lipid Profile:

- Total Cholesterol
- LDL-Cholesterol
- HDL-Cholesterol
- Triglycerides

Available Micro Nutrients

- Acacia Gum
- L-arginine
- Bioflavonoids
- Biotin (Vitamin H/B7)
- Calcium
- L-carnitine
- Carotenoids (β-carotene, etc.)
- Choline
- Chrome
- Coenzyme Q10 (Ubiquinone)
- Copper
- L-cysteine

- Cholesterol / HDL Ratio
- LDL / HDL Ratio

Cardiovascular Risk:

- Homocysteine
- CRP Ultra-sensitive
- Oxidized LDL
- Relative Cardiovascular Risk

Bone Metabolism:

- Calcium

Hormones:

- TSH
- Estradiol
- Testosterone
- Free Androgen
- Free Testosterone
- Bioavailable Testosterone
- SHBG

General Health:

- Alkaline Phosphatase

- Bilirubin, Total

- Protein, Total
- Albumin
- SGOT / AST
- SGPT / ALT
- Gamma-GT
- LDH
- Uric Acid
- Potassium
- Creatinine

- Folic Acid (Vitamin B9)
- Garcinia Gambogia
- Green Tea Extract
- Guar
- Inositol
- Iodine
- Iron
- Isoflavones
- α-lipoic Acid
- Lycopene
- Magnesium
- Manganese

- L-methionine
- Molybdenum
- PABA
- Pantothenic Acid (Vitam. B5)
- Potassium
- Quercetin
- Red Wine Extract
- Selenium
- Silicon
- Silymarin
- Taurine
- Vanadium

- Vitamin A (Retinol)
- Vitamin B1 (Thiamine)
- Vitamin B2 (Riboflavin)
- Vitamin B3 (Niacin)
- Vitamin B6 (Pyridoxine)
- Vitamin B12 (Cobalamin)
- Vitamin C (Ascorbic Acid)
- Vitamin D3
- Vitamin E (Tocopherols)
- Zinc

The Salusmed Concept of Personalized Micro Nutrients is successfully used in various sectors:

1. Optimization of physical performance
2. Preventive and anti-aging medicine
3. Effective reduction of oxidative stress
4. Enhancement of detoxification capability
5. Treatment of inflammation
6. Improvement of vitality
7. Improvement of stress tolerance
8. Boosting of the immune system
9. Higher resistance against viral infections
10. Improvement of the individual physical condition
11. Enhancement of sexuality
12. Support for diet programs
13. Lowering of cardiovascular risk parameters
14. Optimization of metabolism in diabetics
15. Faster convalescence after illness and surgery
16. Regeneration support for tumor patients during chemo- and radio-therapy
17. Refinement of skin conditions