



ADULTS

OPTIMUM HEALTH CONDITION & ANTI-AGING SUPPORT

An optimum health condition results from a combination of a healthy diet and a harmonious life style supported by moderate exercise.

Daily our bodies absorb a highly toxic cocktail of industrial chemicals through polluted water, air, pesticides, processed food, pharmaceutical drugs and the extensive use of antibiotics in medicine and agriculture. Our bodies trap pollutants similar to a sponge soaking in dirty water.

The modern deterioration of our diet resulting in eating food with no nutritional value (so-called “empty-calorie”) and junk food are the major causes of various nutritional deficiencies. This increases the risk of chronic degenerative diseases such as diabetes, cancer and cardiovascular disease. Lack of proper nutrition deprives the body of its natural resistance to disease and weakens its overall physiological performance. We wrongly accept symptoms of nutritional deficiencies as part of the natural aging process such as a decline in vitality, physical fatigue, head-ache, feeling unwell, mental exhaustion, nervousness and insomnia. The optimum nutritional supplementation can eliminate these deficiency symptoms and can reverse chronic conditions like diabetes, high blood pressure as well as the general aging process. Optimum supplementation can only be achieved after careful analyses of blood/urine and medical history.

Correct nutritional supplementation will drastically improve the body's defense system increases its ability to dispose of toxins and can reverse chronic conditions when taken in optimum doses. Vitamins, minerals, trace elements, amino acids, bioflavonoids and other substances (including antioxidants and enzymes) work together synergistically in very subtle biochemical relationships to facilitate the body's detoxification process. Our organs and in particular our liver require these specific mixtures of necessary nutrients to maintain their purification ability.

Salusmed Switzerland has over 20 years collected research data of more than 100,000 patients in their dedicated clinics. These data have been incorporated in the continuous development of the Salusmed personalized nutrient formulas. Salusmed is the only company in the world which produces and offers Personalized Micro Nutrients. It is a mixture of different nutrients in the form of granules and is taken orally daily. **“Personalized” means: a unique recipe of nutrients mixture is made for each person based on his/her medical history and laboratory test results.**