

List of Micro Nutrients: **Salusmed Executive** and **Salusmed Vitality**

		Salusmed Executive	Salusmed Vitality			Salusmed Executive	Salusmed Vitality
1	Acacia Gum	✓	✓	34	L-lysine	✓	
2	L-arginine	✓	✓	35	Magnesium	✓	✓
3	Bioflavonoids, citrus bioflavonoids	✓	✓	36	Manganese	✓	✓
4	Biotin (vitamin H/B7)	✓	✓	37	L-methionine	✓	✓
5	Calcium	✓	✓	38	Methyl-sulphonyl-methane MSM	✓	
6	L-carnitine	✓	✓	39	Molybdenum	✓	✓
7	L-carnosine	✓		40	L-ornitine	✓	
8	Carotenoids (β-carotene, etc.)	✓	✓	41	PABA	✓	✓
9	Choline	✓	✓	42	Pantothenic acid (vitamin B5)	✓	✓
10	Chondroitin sulphate	✓		43	L-phenylalanine	✓	
11	Chrome	✓	✓	44	Potassium	✓	✓
12	Coenzyme Q10 (ubiquinone)	✓	✓	45	L-proline	✓	
13	Copper	✓	✓	46	Quercetin	✓	✓
14	Creatine monohydrate	✓		47	Red wine extract	✓	✓
15	L-cysteine	✓	✓	48	Selenium	✓	✓
16	Folic acid (vitamin B9)	✓	✓	49	Silicon	✓	✓
17	Garcinia Gambogia (hydroxycitric acid)	✓	✓	50	Silymarin	✓	✓
18	Glucosamine sulphate	✓		51	Taurine	✓	✓
19	L-glutamine	✓		52	L-threonine	✓	
20	L-glutathione	✓	✓	53	L-tryptophan	✓	
21	L-glycine	✓		54	L-tyrosine	✓	
22	Green tea extract	✓	✓	55	L-valine	✓	
23	Guar	✓	✓	56	Vanadium	✓	✓
24	L-5-HTP	✓		57	Vitamin A (retinol)	✓	✓
25	Inositol	✓	✓	58	Vitamin B1 (thiamine)	✓	✓
26	Iodine	✓	✓	59	Vitamin B2 (riboflavin)	✓	✓
27	Iron	✓	✓	60	Vitamin B3 (niacin)	✓	✓
28	Isoflavones	✓	✓	61	Vitamin B6 (pyridoxine)	✓	✓
29	L-isoleucine	✓		62	Vitamin B12 (cobalamin)	✓	✓
30	L-leucine	✓		63	Vitamin C (ascorbic acid)	✓	✓
31	α-lipoic acid	✓	✓	64	Vitamin D3	✓	✓
32	Lutein	✓		65	Vitamin E NAT (tocopherols)	✓	✓
33	Lycopene	✓	✓	66	Zinc	✓	✓